IN THE CLAIMS:

This listing of the claims will replace all prior versions and listings of claims in the application:

8. (Previously Amended)   A method of treating hypertension comprising administering to a subject suffering from said hypertension a therapeutically effective amount of total triterpenoid sapogenins extracted from bamboo, wherein total triterpenoid sapogenins is 10-90% as determined by vanillic aldehyde and perchloric acid colorimetry using friedelin as a standard, said total triterpenoid sapogenins comprising 5-35% friedelin and 1-10% lupenone as determined by GC-MS, said therapeutically effective amount of total triterpenoid sapogenins is administered orally in medicine or food.

9. (Previously Amended) A method for intensifying SOD activity or reducing MDA level of the skin or hair in a subject comprising administering to a subject a therapeutically effective amount of total triterpenoid sapogenins extracted from bamboo, wherein total triterpenoid sapogenins is 10-90% as determined by vanillic aldehyde and perchloric acid colorimetry using friedelin as a standard, said total triterpenoid sapogenins comprising 5-35% friedelin and 1-10% lupenone as determined by GC-MS to intensify SOD activity or to reduce MDA level of the skin or hair, wherein said therapeutically effective amount of total triterpenoid sapogenins is administered externally onto the skin or hair in a daily cosmetic.

10. (Previously Amended) A method of inhibiting growth of cancer cells or tumor cells, comprising treating the cancer cells or tumor cells a therapeutically effective amount of total triterpenoid sapogenins extracted from bamboo, wherein total triterpenoid sapogenins is 10-90% as determined by vanillic aldehyde and perchloric acid colorimetry using friedelin as a standard, said total triterpenoid sapogenins comprising 5-35% friedelin and 1-10% lupenone as determined by GC-MS.

11. (Previously Amended) The method according to claim 10, wherein the total triterpenoid sapogenins is pentacyclic triterpenoid sapogenins.